

**Breast Care Nurse
/ Key Worker
and
Multi-disciplinary Team**

If you require a translation or an alternative format for this leaflet please ask for assistance.

Safe & compassionate care,

every time

Introduction

Our specialist team support individuals being investigated or diagnosed with breast cancer and their families. We offer information, practical and emotional support throughout your medical investigations and subsequent treatment, if this is required.

Multi-disciplinary Team (MDT)

This is a team of professionals who provide care and support to you through the treatment you receive for your cancer.

The team meets weekly to confirm the diagnosis and plan a programme of treatment and care specifically tailored to your needs. This treatment plan will be discussed with you at your next clinic appointment.

Breast Care Nurse Team

We are experienced nurses who specialise in breast care including breast cancer. We will normally be involved in your care from diagnosis and will advise and support you throughout your illness. The Breast Care Nurse (BCN) service acts as a main link between you and others involved in your care.

We are based at Wycombe Hospital and travel to oncology clinics at Stoke Mandeville Hospital.

What do the BCNs offer?

We are able to offer increased levels of support, advice and guidance to patients with cancer. All patients with cancer should have access to a BCN. We are usually present with the consultant when a diagnosis of cancer is given but if you are unsure whether you have seen one or not please feel free to ask your consultant.

We work closely with hospital nurses, doctors and other health care professionals to maximise the independence, dignity and quality of life of people diagnosed with cancer.

You may see us when you are on the ward, whilst having surgery, chemotherapy treatment or at your outpatient appointments.

What can the BCN offer me?

- A contact point for people with cancer at any stage
- Advice and support for you, your relatives, carers and friends
- Help with physical symptoms such as pain or fatigue
- Advice about treatment decisions
- Information about your illness
- Advice on your continued care at home
- Someone to talk to about worries or problems
- Advice on relationship, fertility or sexual problems
- Signposting to support services such as the Macmillan Citizen's Advice Outreach/Cancer Information and Support Services
- A prosthetic fitting service.

What is a Key Worker?

A Key Worker is usually a BCN who takes a key role in co-ordinating your care and promotes continuity, ensuring patients know who to access for information and advice.

Please be aware that you will still be cared for by other members of the BCN team and you will be able to discuss your care or concerns with them.

Your Key Worker is:

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Their contact number is: 01494 426228

Monday – Friday 9.00am – 4.00pm

We are not always in the office, but if you leave a message on the answerphone we will try to get back to you within 24 hours.

Please note we are not an emergency service.

Buckinghamshire Healthcare NHS Trust Macmillan Breast Care Nurses (BCN)

Ellie Mundy Macmillan Breast CNS Team Leader

Zoe Squires Macmillan BCN/Key worker

Alison Giles Macmillan BCN/Key worker

Vicki Jervis Macmillan BCN/Key worker

Carol Quinio Macmillan BCN/Key worker

Macmillan BCN/Key worker

Mary Hudson Macmillan Breast care support worker

Contacting us: 01494 426228

Monday-Friday

9.00am – 4.00pm answerphone available or email:

www.bht.breastcareteam@nhs.net

Jenny Ramm Macmillan Metastatic Breast Care Nurse

01296 315127

Monday-Friday

9.00am – 4.00pm answerphone available or email:

www.bht.breastcareteam@nhs.net

Useful Information

Macmillan Citizens Advice Out-reach Advisor

A Macmillan Citizens Advice Out-reach Advisor is available for free advice sessions for cancer and haematology oncology patients and their families on Thursdays and Fridays at Stoke Mandeville Hospital in the Cancer Care and Haematology Unit.

Telephone: 01908 545160

Advice and support is offered on benefits, employment, relationships and consumer issues, housing, and immigration for cancer patients of the Buckinghamshire Healthcare NHS Trust.

Cancer Education Information & Support Service (CEISS)

Cancer Care & Haematology Unit,
Stoke Mandeville Hospital,
Mandeville Road,
Aylesbury,
Bucks HP21 8AL

Telephone: 01296 316954

Websites

Macmillan

www.Macmillan.org.uk

0808 808 0000

Breast Cancer Now

www.breastcancernow.org

0808 800 6000

Breast Cancer Now free support App - **Becca**

How to find us

Wycombe Hospital

Queen Alexandra Road
High Wycombe Bucks
HP11 2TT

Main switchboard: **01494 526161**

Stoke Mandeville Hospital

Mandeville Road
Aylesbury Bucks
HP21 8AL

Main switchboard: **01296 315000**

Notes:

Free Prescriptions

All cancer patients undergoing treatment for cancer, the effects of cancer or the effects of cancer treatment can apply for an exemption certificate for a free prescription from their GP.

'The content provided in this leaflet is compliant with the cancer standards and keyworker documentation. All leaflets are updated whenever necessary or on the review date shown below'

How can I help reduce healthcare associated infections?

Infection prevention & control is important to the well-being of our patients and for that reason we have infection prevention & control procedures in place. Keeping your hands clean is an effective way of preventing the spread of infections. We ask that you, and anyone visiting you, use the hand sanitiser available at the entrance to every ward before coming in to and after leaving the ward. In some situations hands may need to be washed at the sink using soap and water rather than using the hand sanitiser as hand sanitisers are not suitable for use when dealing with patients who have symptoms of diarrhoea.

www.buckshealthcare.nhs.uk
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