

# Further information & Resources:



Buckinghamshire Healthcare  
NHS Trust

## Websites, webinars & tool kits



[Parent Workshop - When Children Won't Eat - Free 2 hour webinar \(sosapproachtofeeding.com\)](http://sosapproachtofeeding.com)



Cumbria, Northumberland,  
Tyne and Wear  
NHS Foundation Trust

[Support for Avoidant Restrictive Food Intake Disorder \(ARFID\) - Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust \(cntw.nhs.uk\)](http://cntw.nhs.uk)



[Family Support - Feeding Matters](#)

Birmingham  
Food Refusal Services



[The Birmingham Food Refusal Service - Birmingham Food Refusal Service - Helping families achieve stress free mealtimes](#)

**SENSORY  
PLAY  
TOOLKIT**

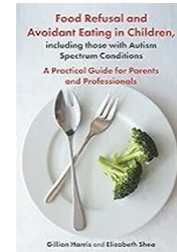
[SENSORY PLAY TOOLKIT - Home \(weebly.com\)](http://weebly.com)

# Books

**The Fussy Eater's Guide to Exploring Food:**  
A book for children  
by Alison Butterworth, Samantha Sargent, et al



**Food Refusal and Avoidant Eating in Children, including those with Autism Spectrum Conditions:**  
A Practical Guide for Parents and Professionals  
by Gillian Harris and Elizabeth Shea

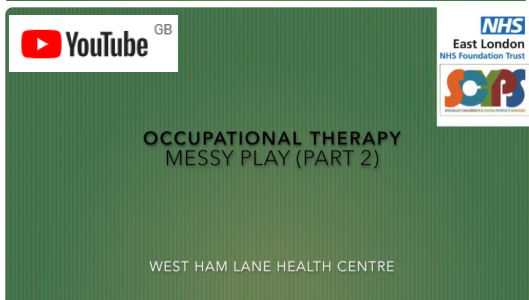


# Videos

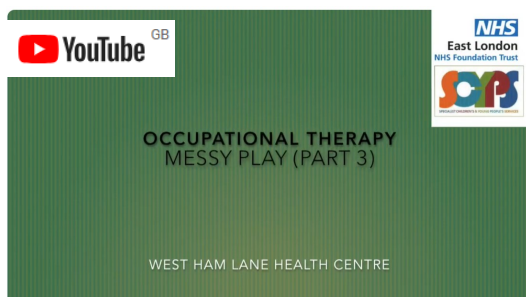
Please watch these YouTube videos from the East London NHS therapy team for further messy food play activities:



[Messy Play \(Part 1\): Fun with Food! – YouTube](#)



[Messy Play \(Part 2\): Dry and Firm Foods – YouTube](#)



[Messy Play \(Part 3\) - Wet & Mixed Foods - YouTube](#)

